

Leadership Preparatory Academy
Lower School/Upper School Breakfast Menu
February 2018

Monday	Tuesday	Wednesday	Thursday	Friday
THIS IS AN EQUAL OPPORTUNITY INSTITUTION.				
			Entrée: 1 Sausage Biscuit Fruit Selection: 100% Fruit Juice Assorted Fruit Milk choice	Entrée: 2 Muffin Cheese Strings Fruit Selection: 100% Fruit Juice Assorted Fruit Milk choice
Entrée: 5 Whole Grain Muffin Whole Grain Cereal Fruit Selection: 100% Fruit Juice Assorted Fruit Milk choice	Entrée: 6 Breakfast Bowl Grits, Sausage & Eggs Fruit Selection: 100% Fruit Juice Assorted Fruit Milk choice	Entrée: 7 String Cheese Nutrigrain Bar Fruit Selection: 100% Fruit Juice Assorted Fruit Milk choice	Entrée: 8 French Toast & Syrup Sausage Fruit Selection: 100% Fruit Juice Assorted Fruit Milk choice	Entrée: 9 Cinnamon Toast Bar Yogurt Cup Fruit Selection: 100% Fruit Juice Assorted Fruit Milk choice
Entrée: 12 Whole Grain Muffin Whole Grain Cereal Fruit Selection: 100% Fruit Juice Assorted Fruit Milk choice	Entrée: 13 Breakfast Bowl Grits, Sausage & Eggs Fruit Selection: 100% Fruit Juice Assorted Fruit Milk choice	Entrée: 14 Nutrigrain Bar String Cheese Fruit Selection: 100% Fruit Juice Assorted Fruit Milk choice	Entrée: 15 Sausage Biscuit Fruit Selection: 100% Fruit Juice Assorted Fruit Milk choice	Entrée: 16 Strawberry Yogurt Cup Whole Grain Cereal Fruit Selection: 100% Fruit Juice Assorted Fruit Milk choice
Entrée: 19 Whole Grain Muffin Whole Grain Cereal Fruit Selection: 100% Fruit Juice Assorted Fruit Milk choice	Entrée: 20 Breakfast Bowl Grits, Sausage & Eggs Fruit Selection: 100% Fruit Juice Assorted Fruit Milk choice	Entrée: 21 String Cheese Nutrigrain Bar Fruit Selection: 100% Fruit Juice Assorted Fruit Milk choice	Entrée: 22 French Toast & Syrup Sausage Fruit Selection: 100% Fruit Juice Assorted Fruit Milk choice	Entrée: 23 Cinnamon Toast Bar Yogurt Cup Fruit Selection: 100% Fruit Juice Assorted Fruit Milk choice
Entrée: 26 Blueberry Muffin Whole Grain Cereal Fruit Selection: 100% Fruit Juice Assorted Fruit Milk choice	Entrée: 27 Breakfast Bowl Grits, Sausage & Eggs Fruit Selection: 100% Fruit Juice Assorted Fruit Milk choice	Entrée: 28 String Cheese Nutrigrain Bar Fruit Selection: 100% Fruit Juice Assorted Fruit Milk choice		

2017-2018 Meal Prices

Full Paid Breakfast	\$1.50
Reduced Breakfast	\$0.30
Full Paid Lunch	\$3.50
Reduced Lunch	\$0.40
Adult Breakfast	\$1.90
Adult Lunch	\$3.75
Milk	\$0.50



Grapes

Grapes contain powerful antioxidants known as **polyphenols**, which may slow or prevent many types of cancer, including esophageal, lung, mouth, pharynx, endometrial, pancreatic, prostate and colon. The resveratrol found in red wine famous for heart health is a type of **polyphenol** found in the skins of red grapes.

Visit SchoolCafe to apply for Free/Reduced Breakfast and Lunch.

Visit Schoolpaymentportal.com to manage your scholar's lunch account.