

Leadership Preparatory Academy
Lower School/Upper School Lunch Menu
February 2018

Monday	Tuesday	Wednesday	Thursday	Friday
THIS IS AN EQUAL OPPORTUNITY INSTITUTION.				
			Entrée 1 Baked Chicken Legs Side Selection: Yellow Rice Broccoli Assorted Fruit Milk choice	Entrée: 2 Chicken Sandwich Side Selection: French Fries Green Beans Assorted Fruit Milk choice
Entrée: 5 Beefaroni Side Selection: Sweet Potato Patties Green Peas Assorted Fruit Milk choice	Entrée: 6 Meatball Sub/Hoagie Side Selection: Pinto Beans Leafy Green Salad Assorted Fruit Milk choice	Entrée: 7 Teriyaki Drumsticks Side Selection: Polynesian Rice Cabbage Cornbread Assorted Fruit Milk choice	Entrée: 8 Baked Spaghetti and Meat Sauce Side Selection: Corn on the Cob Leafy Green Salad Assorted Fruit Milk choice	Entrée: 9 Hot Dogs/Buns Side Selection: Baked Potato Chips Green Beans Assorted Fruit Milk choice
Entrée: 12 Sloppy Joe Side Selection: Sweet Potato Fries Leafy Green Salad Assorted Fruit Milk choice	Entrée: 13 Cajun Baked Chicken Legs Side Selection: Yellow Rice Broccoli Assorted Fruit Milk choice	Entrée: 14 Pulled BBQ Chicken/Bun Side Selection: Mac and Cheese Glazed Steamed Carrots Assorted Fruit Milk choice	Entrée: 15 Turkey/Cheese Sub Lettuce/Tomato on Sub Side Selection: Baked Potato Chips Chocolate Pudding Assorted Fruit Milk choice	Entrée: 16 Chicken Tenders Side Selection: Mexicali Corn Turnip Greens Assorted Fruit Milk choice
Entrée: 19 Spicy Chicken Sand/buns Side Selection: Tator Tots Green Peas Assorted Fruit Milk choice	Entrée: 20 Baked Spaghetti and Meat Sauce Side Selection: Leafy Green Salad Corn on the Cob Assorted Fruit Milk choice	Entrée: 21 Chicken Nuggets/Sauce Side Selection: Potato Wedges Carrot and Celery Sticks Assorted Fruit Milk choice	Entrée: 22 Lemon Pepper Drums Side Selection: Yellow Spanish Rice Black Eyed Peas Assorted Fruit Milk choice	Entrée: 23 Salisbury Steak Side Selection: Sweet Potato Souffle Turnip Greens Roll Assorted Fruit Milk choice
Entrée: 26 Chicken Tenders Side Selection: Glazed Steamed Carrots Raw Broccoli Assorted Fruit Milk choice	Entrée: 27 Hamburgers Side Selection: Baked Potato Wedges Baked Beans Assorted Fruit Milk choice	Entrée: 28 Turkey/Cheese Sub Lettuce/Tomato on Sub Side Selection: Baked Potato Chips Chocolate Pudding Assorted Fruit Milk choice		

2017-2018 Meal Prices

Full Paid Breakfast	\$1.50
Reduced Breakfast	\$0.30
Full Paid Lunch	\$3.50
Reduced Lunch	\$0.40
Adult Breakfast	\$1.90
Adult Lunch	\$3.75
Milk	\$0.50



Grapes

Grapes contain powerful antioxidants known as **polyphenols**, which may slow or prevent many types of cancer, including esophageal, lung, mouth, pharynx, endometrial, pancreatic, prostate and colon. The resveratrol found in red wine famous for heart health is a type of **polyphenol** found in the skins of red grapes.

Visit SchoolCafe to apply for Free/Reduced Breakfast and Lunch.

Visit Schoolpaymentportal.com to manage your scholar's lunch account.